

God wants us to come before him on a daily basis and make our requests known. But when we're faced with a problem in life, it's easy to forget to pray. What might happen if we always prayed as our first resort and not our last?

## **DISCUSSION QUESTIONS**

- 1. "One-hundred percent of the prayers we don't pray won't get answered." What is one thing that you've held back praying about in the past? What will you commit to praying about this week?
- 2. It's easy to say we're committed to God during church and then forget about him when we leave. What are some ways you can stay engaged with your faith and God throughout the week?
- 3. When we experience difficulties, we tend do everything in our own power instead of leaning on God's power. On a scale of 1-10, with 10 being you pray first in everything and 1 being you don't pray at all, how would you rate your prayer life? What can you change so that prayer becomes your first resort?
- 4. Read 2 Chronicles 16:7-13. Have you missed an opportunity recently because you trusted in someone else other than God? What can you learn from King Asa's story and apply to your own life?

## CHALLENGE

Pick one or two areas of your life to pray about this week. Write them down and talk to God on a daily basis.

## COMMIT TO MEMORY

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. **Philippians 4:6**