



Each of us will face giants at some point in our lives and while some of them can seem so big and intimidating, the power of God is stronger than any giant we'll ever face. When we encounter giants, there are only two options—ignore them or face them. And, with God's help, we can defeat them.

DISCUSSION QUESTIONS

1. Who or what is your giant? Is there anyone or anything that threatens you, blocks you or stands in your way from moving forward?
2. When you look at the giants in your life, how do they compare to the size and power of God? How does that comparison change the way you feel about defeating your giants?
3. How can defeating smaller giants along the way help you when you're faced with a big giant in your life? What can you be doing on a regular basis to help prepare you for the bigger giants?
4. **Read 1 Samuel 17:32-37.** David believed God could deliver him from any challenge and that when he stepped up, God would show up. When you encounter giants in the form of everyday people and problems, do you tend to ignore them or go after them? Read verse 37 again. How does this verse give you encouragement and hope for defeating your own giants?

CHALLENGE

Take some time this week to ask yourself, "What's my giant and what are the steps I need to take, with God's help, to defeat it?"

COMMIT TO MEMORY

"The Lord who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine." **1 Samuel 17:37**