



God will give us more than we can handle at times, but never more than he can handle. It's during those times that we can draw closer to Him and watch His great power at work in our lives.

DISCUSSION QUESTIONS

1. Who or what do you tend to turn to when things get rough? A spouse? Money? Friends? Hobby?
2. **Read Proverbs 3:5-6.** How is your relationship with God affected when you feel weak and burdened vs. when life is going well? How can you seek God in all that you do, no matter what the circumstance?
3. **Read Matthew 11:28.** How might this verse encourage you with whatever you're facing this week?
4. God uses other people in our lives to help us get through tough seasons. Who in your life has been there for you? Share an example of how they've supported you during a hard time.

If you aren't part of a small group of people who encourage and support you regularly, consider joining one! Learn more at eaglebrookchurch.com/groups.

CHALLENGE

This week, declare that God's grace is all you need and his power is made perfect in weakness. Make a commitment to seek God's strength every day—no matter what difficulties are thrown your way.

COMMIT TO MEMORY

"My grace is all you need. My power works best in weakness."
2 Corinthians 12:9